



Lecture Outline CULTURE OF SINGING AND TEACHING 1-25-2021

Goal: To understand how our labels, expectations, terminology combined with our physical practice for performance forms the "culture" of both our teaching and singing.

EXPLORING THE "WHY"

- -What is the answer to the question, "why do we sing/perform?"
 - 1. Answer is most often emotional or atmospheric
 - 2. Answer is what continues to encourage us to practice and perform over the course of the career
- -Has your "why" been diminished or enhanced over the course of your studies and career?

EXPLORING THE "WHAT"

- -The "what" can represent the goal, the career, the objective
- -What is the "what" to you?
- -What are your feelings about the current state the/your "what?"

EXPLORING THE "HOW"

- -The "how" is the method by which we can achieve the "what"
- -What is your "how?"
- -Does your "how" move you toward the "what?"
- -Does your "how" move you toward the "what" at the expense of the "why?"

WE MUST ADAPT!

- -But before we can adapt we must face our fears and demons when it comes to changing our...? (How, what or why?)
- -Think of a moment where you felt like you knew the direction and outcome of a "successful" career.
 - -DID YOU FEEL PREPARED?
 - -DID IT TURN OUT LIKE YOU PERCEIVED?

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SINGER | TEACHER | COACH

WHAT IS YOUR CULTURE OF PERFORMING AND TEACHING?

- -What are your labels of "good," "bad," "successful," "failure?"
- -If we inventory our voices and teaching based on negative experiences from our past we in turn "weaponize" our performing and teaching.
- -Do you perform to the negative or positive labels?
- -Do you teach from negative or positive?

Whether you acknowledge it or not, unless you work through your disappointments, fears and perceptions of failure it will emerge in your singing and teaching.

**WE SET THE CULTURE FOR OURSELVES AS SINGERS AND OUR STUDIO AS TEACHERS

-What will your culture be from here forward?

OUTCOMES:

IT'S AN ISSUE OF TRUST

- -Through this course, I will show you how to make substantive changes more quickly.
- -Through this course, I will give you a new vision of how to play with your technique in an informed way and how to apply that across styles of singing.
- -Through this course I will show you how to teach using these techniques AND how to constantly inspire your own curiosity.

If we remain curious we will continue to play and experiment, BUT IT COMES DOWN TO AN ISSUE OF TRUST.

CONCLUSION:

- -IT'S EASIER TO TEACH WHAT YOU YOURSELF HAVE EXPERIENCED IN YOUR PRACTICE AS A SINGER/ PERFORMER
- -IF YOU FEAR BEING HURT OR WRONG IN YOUR TEACHING, IT WILL BE HARD FOR YOUR STUDENTS TO TRUST, PLAY AND CREATE
- -IF YOU WORRY MORE ABOUT PHYSICALLY HARMING YOURSELF THAN CREATIVELY PLAYING WITH YOUR TECHNIQUE AND STYLISTIC TOYS **YOU WON'T PLAY AND CREATE**...AND YOU WILL GIVE TO YOUR STUDENTS WHAT YOU'VE EXPERIENCED.

You can't give your students what you are unwilling to give to yourself.